

## Afternoon tea

Available 3.00 pm – 5.00pm

All items are served with a pot of Birchall tea

<b>Toasted tea cake served warm with butter &amp; Tiptree preserve</b>	5
<b>Fruit scone with Cornish clotted cream &amp; Tiptree preserve</b>	5.5
<b>Light afternoon tea,</b> fruit scone with Cornish clotted cream Tiptree preserve, assortment of pastries & cakes	8
<b>Traditional Afternoon tea</b>	14
Selection of finger sandwiches including: Ham & mustard, cucumber, egg & cress & smoked salmon, fruit scone with clotted cream & preserves, assortment of pastries & cakes.	
<b>With a glass of Prosecco</b>	19
<b>With a glass of Champagne</b>	22

## Desserts

<b>British cheese plate, with fresh pear, &amp; quince jelly</b>	9
<b>Freshly cut fruit platter with lemon sorbet</b>	8
<b>Apple, pear and cinnamon crumble with custard</b>	7.5
<b>Trio of chocolate, strawberry jelly</b>	8.5
<b>Home-made Baileys cheesecake</b>	7.5
<b>Buttermilk panna cotta</b>	7.5
<b>Selection of ice creams &amp; sorbets</b>	6.5

If you have any food allergies or intolerances, please speak to a manager who will discuss your requirements with you

## Breakfast

Available from 8.00am – 11.30am  
Monday-Sunday

### Free range egg dishes

<b>Eggs Benedict</b> small/ Large	4/8
<b>Fried, scrambled, boiled or poached eggs with toast</b>	5
<b>Omelette with choice of two fillings</b> Cheese, ham, mushroom or tomato	5.5

### Fish dishes

<b>Grilled kippers with lemon butter and rocket</b>	7.95
<b>Smoked haddock, wilted spinach poached egg &amp; truffle hollandaise</b>	8

### From the grill

<b>Full English breakfast</b>	9.5
<b>English Garden breakfast</b>	8.5

<b>Bacon roll</b>	4.95
<b>Sausage roll</b>	4.95
<b>Mushroom, tomato and halloumi roll</b>	4.95
Add an egg to the above	+ 1

### Light bites

<b>Danish pastry</b>	1.95
<b>Heinz baked beans on toast</b>	4
<b>Mushrooms on toast</b>	4
<b>Porridge with banana</b>	4
<b>Yogurt, berry compote with granola</b>	4
<b>Crushed avocado on toast topped with poached eggs &amp; chilli.</b> Add smoked salmon, back bacon or halloumi	7 +3

## Sandwich menu

Served Mon- Fri 12.00-5.00

White/ wholegrain/ gluten free bread

Smoked salmon, lemon butter, black pepper & baby leaves	8.5
Free range egg mayonnaise & watercress	6.5
Honey roast ham, English mustard & salad leaves	7
Tuna sweetcorn & wild rocket	7
Mature cheddar & beef tomato	6.5
Poached chicken, avocado, crispy bacon & lettuce	8
BLT	7

All the sandwiches are served with coleslaw, salad & crisps

Baked jacket potato topped with filling of your choice, coleslaw & seasonal salad	6.25
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Baked beans, grated mature cheddar or tuna & sweetcorn mayonnaise

## All day dining

From 11.30 am to 9.15pm

### Small bites

Homemade Soup	6
Breaded calamari & tartar sauce	8
Home-made lamb koftas, salad & flat bread	7.5
RSM fish cakes, wild rocket & sweet chilli sauce	9
Chicken goujons with sour cream and chives dip	7.5
Falafel & homemade tomato jam (vg)	7
Skin on Fries	4
Halloumi & roasted vegetables with pomegranate	7
Hummus with flatbread	6.5

Choose any 3 dishes from the small bites for only 16

## Free range egg dishes

Eggs Benedict	small /large	4/8
Avocado, sourdough & poached eggs		7
	Add smoked salmon, smoked back bacon or halloumi	+ 3
Omelette, skin on fries & seasonal salad		7.5
	Choose max 2 from ham, cheddar, tomato, mushroom	
Scrambled eggs, smoked salmon & sourdough		8.5

## House specials

Beef burger on brioche bun, beef tomato, lettuce, gherkin, red onions, skin on fries & onion rings	13
RSM club sandwich with fries & salad	11
Beer battered cod with chips, tartar sauce & mushy peas	13
Grilled Cumberland sausages and mash with onion gravy	11
Potato gnocchi, baby spinach, sauce vierge & parmesan shavings	12
Chicken curry with basmati rice, nan bread, poppadum & salad	15
Chicken & avocado wrap with fries	10
Fisherman pie with seasonal salad	16

## Salad

Caesar salad, croutons, fresh anchovies & soft boiled free -range egg	8
Super food salad Broccoli, avocado, pomegranate, mixed leaves, cucumber, tomatoes & broad beans with lemon dressing	7
Cous cous & chickpea salad with roasted Mediterranean vegetables with mixed leaves.	7.5
Grilled vegetable salad with basil pesto & wild rocket	6.5
Add grilled chicken / smoked salmon or grilled halloumi to the above for	+5