Members Notice

We respectfully request that only food purchased from The Society may be consumed on the premises, Thank you.

LOUNGE BAR

MENU

Allergen Advice

If you have any food allergies or intolerances please speak to a manager who will discuss your requirements with you.
FROM THE COUNTER
Available 12.00 pm – 14.15pm
Build your own Salad from the counter, all served with mixed leaf as base

Any 4 items £8.00
Any 6 items £9.50

Panini’s
All served with rocket salad
Ham, Cheddar, tomato £6.50
Grilled vegetable, pesto mozzarella £6.50
Tuna melt, red onion £6.50
Homemade soup bread roll and butter £6.00
Baked potato with two fillings of your choice £5.75
tuna mayonnaise, cheddar cheese, baked beans additional filling £1.25

ALL DAY MENU
(Available 12.00 pm - 21.00)

Sandwiches made to order served with olives, plum tomato, red onion and rocket
Please choose from our bread selection, white bread, wholegrain bread, flat bread or baguette
Prawn marie rose £7.00
Roast sirloin or beef with gherkins and horseradish butter £7.50
Free range egg mayonnaise £6.00
Chicken and lemon mayonnaise £6.50
Smoked salmon £7.00
Cream cheese and smoked bagel £8.00
Honey roast ham, tomato and cheddar cheese £6.50
Tuna sweetcorn £6.50
BLT Sandwich £6.00

SMALL PLATES
(Available 12.00 pm – 21.00)

Crispy calamari with tartar sauce and rocket £6.00
Edamame soy beans in the pod with garlic and chilli dressing £5.00
Fried Padron peepers with Maldon sea salt and feta crumbs £4.50
Welsh rarebit on artisan bloomer with mixed baby leaves £6.00
Lamb koftas with yogurt dip and flat bread £6.00
Home-made fish cakes with rocket salad & sweet chilli sauce £7.50
Chicken skewers, satay sauce £6.00
Hummus and tzatziki, flatbread £5.00
Charred Halloumi and roasted vegetables £6.00

or choose any 3 of the above for only £15.00

French fries £3.00
Sweet potato fries £4.00
Antipasto vegetarian £8.00
Grilled artichokes, bell peppers, courgettes, buffalo mozzarella, plum tomatoes, black olives, sourdough bread or to share £13.50

Add Parma ham and Milano salami for just £2.00 per person
### MAIN PLATES

<table>
<thead>
<tr>
<th>Dish</th>
<th>Price</th>
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<tbody>
<tr>
<td>Fish and chips with mushy peas, tartare sauce and lemon</td>
<td>£11.00</td>
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<tr>
<td>Free range omelette</td>
<td>£7.50</td>
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<tr>
<td>Cheddar cheese or honey roasted ham with French fries and salad</td>
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<tr>
<td>Cheese Burger</td>
<td>£10.00</td>
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<td>Tomato relish on Brioche bun and French fries &amp; onion rings</td>
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<tr>
<td>Grilled Cumberland sausages and mashed potatoes</td>
<td>£9.00</td>
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<tr>
<td>Served with onion gravy</td>
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<tr>
<td>RSM club sandwich</td>
<td>£9.00</td>
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<tr>
<td>Mixed leaf salad &amp; French fries</td>
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<tr>
<td>Pan fried gnocchi with baby spinach, With sauce verge and parmesan</td>
<td>£9.50</td>
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<tr>
<td>shavings</td>
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### BREAKFAST

*(Available 9.00am – 12.00am)*

<table>
<thead>
<tr>
<th>Dish</th>
<th>Price</th>
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<tbody>
<tr>
<td><strong>Toasted bloomer</strong> with Tiptree preserve and butter</td>
<td>£1.50</td>
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<tr>
<td>Mini pastries</td>
<td></td>
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<tr>
<td>pain au chocolate, pain au raisin, butter croissant</td>
<td>£0.65</td>
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<tr>
<td>Fresh fruit salad</td>
<td>£3.50</td>
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<td>Yoghurt &amp; berry compote</td>
<td>£3.50</td>
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<tr>
<td>with Maple &amp; pecan granola</td>
<td>£4.00</td>
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<tr>
<td>Beans on toasted sourdough</td>
<td>£3.00</td>
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<tr>
<td>Bacon sandwich on a Bloomer</td>
<td>£4.00</td>
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<tr>
<td>with a fried egg</td>
<td>£5.00</td>
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<tr>
<td>Fried free range egg sandwich on toasted bloomer</td>
<td>£3.00</td>
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<tr>
<td>Smoked salmon with scrambled or poached egg</td>
<td>£7.50</td>
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<tr>
<td>on toasted sourdough</td>
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### CAKES & BARS

Available all day

<table>
<thead>
<tr>
<th>Item</th>
<th>Price</th>
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<tbody>
<tr>
<td>Crisps, biscuits, nuts, popcorn, wafers, peanuts</td>
<td>from £0.75</td>
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<tr>
<td>Cake of the day</td>
<td>£2.00</td>
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AFTERNOON TEA  
(Available 2.15pm – 5.00pm)

All items are served with a pot of Birchall tea

**Toasted tea cake** served warm with butter & Tiptree preserve  £4.00

**Fruit scone** with Cornish clotted cream & Tiptree preserve  £4.50

**Light afternoon tea** fruit scone with Cornish clotted cream & Tiptree preserve, assortment of pastries & cakes  £8.00

**Traditional full afternoon tea**, selection of finger sandwiches including: ham, cucumber, egg & smoked salmon, fruit scone with clotted cream & preserves and assortment of pastries & cakes  £14.00

Add a glass of Prosecco to your afternoon tea for £19.00

Add a glass of Champagne Rodier Pere for £22.00

DESSERT  
(Available 12.00pm – 9.00pm)

**Cheese platter**  £9.00  
British cheese with celery and a home-made grape chutney

**Apple crumble**  £7.50  
Apple and cinnamon crumble served with a vanilla custard

**Chocolate fondant**  £8.95  
Cooked to order soft centre fondant with vanilla ice cream

**Champagne jelly of mixed berries**  £7.50  
Served with elderflower snow

**Earl grey panna cotta**  £7.50  
Set cream infused with earl grey tea

**Lemon tart**  £7.50  
Glazed lemon tart served with a citrus sorbet and raspberry coulis

**Fruit salad**  £6.50  
A selection of fresh seasonal sliced fruits

**Selection of ice creams**  £6.00