

Webinar: Mental health in a planetary crisis - Episode 7

Organised by: The Royal Society of Medicine

Charlson et al [Climate Change and Mental Health: A Scoping Review](#). Int J Environ Res Public Health. 2021 Apr 23;18(9):4486. – Open Access article

Chersich et al. [Impacts of Climate Change on Health and Wellbeing in South Africa](#). Int J Environ Res Public Health. 2018 Aug 31;15(9):1884 – Open Access article

Cianconi et al. [The Impact of Climate Change on Mental Health: A Systematic Descriptive Review](#). Front Psychiatry. 2020 Mar 6;11:74. – Open Access article

Clayton et al. [Climate Change and Mental Health](#). Curr Environ Health Rep. 2021 Mar;8(1):1-6. - Freely available to RSM Members

Cunsolo et al. [Ecological grief and anxiety: the start of a healthy response to climate change?](#) Lancet Planet Health. 2020 Jul;4(7):e261-e263. – Open Access article

Cunsolo et al. [Ecological grief as a mental health response to climate change-related loss](#). Nature Climate Change, 2018, 8, 275–281

Cunsolo et al. [Editorial - Climate change and health: a grand challenge and grand opportunity for public health in Canada](#). Health Promot Chronic Dis Prev Can. 2019 Apr;39(4):119-121. – Open Access article

Cuthbert et al. [Green care in psychiatry](#). Br J Psychiatry. 2021 Feb;218(2):73-74. – Freely available to RSM Members

Harper et al. [Climate change and health in North America: literature review protocol](#). Syst Rev. 2021 Jan 4;10(1):3. – Open Access article

Hayes et al. [Addressing Mental Health in a Changing Climate: Incorporating Mental Health Indicators into Climate Change and Health Vulnerability and Adaptation Assessments](#). Int J Environ Res Public Health. 2018 Aug 22;15(9):1806. – Open Access article

Hayes et al. [Climate change and mental health: risks, impacts and priority actions](#). Int J Ment Health Syst. 2018 Jun 1;12:28. – Open Access article

Hayes et al. [Factors Influencing the Mental Health Consequences of Climate Change in Canada](#). Int J Environ Res Public Health. 2019 May 6;16(9):1583. – Open Access article

Hrabok et al. [Threats to Mental Health and Well-Being Associated with Climate Change](#). J Anxiety Disord. 2020 Dec;76:102295. – Freely available to RSM Members

Ingle et al. [Mental health and climate change: tackling invisible injustice](#). Lancet Planet Health. 2020 Apr;4(4):e128-e130. – Open Access article

Lawrance et al. (May 2021) [The impact of climate change on mental health and emotional wellbeing: current evidence and implications for policy and practice](#). Graham Institute – Climate Change and the Environment, Briefing Paper 36. – Open Access paper

Lees et al. [Climate and Mental Health](#). Issues Ment Health Nurs. 2020 Apr;41(4):370-372.

Reading List

- Middleton et al. [Temperature and place associations with Inuit mental health in the context of climate change](#). Environ Res. 2021 Jul;198:111166. – Open Access article
- Monsell et al. [What mental health professionals and organisations should do to address climate change](#). BJPsych Bull. 2021 May 5;1-7. – Open Access article
- Newnham et al. [Preparing mental health systems for climate crisis](#). Lancet Planet Health. 2020 Mar;4(3):e89-e90. – Open Access article
- Nicholas et al. [Mental Health Impacts of Climate Change: Perspectives for the ED Clinician](#). J Emerg Nurs. 2020 Sep;46(5):590-599. – Open Access article
- Obradovich et al. [Empirical evidence of mental health risks posed by climate change](#). Proc Natl Acad Sci U S A. 2018 Oct 23;115(43):10953-10958. – Open Access article
- Palinkas et al. [Strategies for Delivering Mental Health Services in Response to Global Climate Change: A Narrative Review](#). Int J Environ Res Public Health. 2020 Nov 18;17(22):8562. – Open Access article
- Palinkas et al. [Global climate change and mental health](#). Curr Opin Psychol. 2020 Apr;32:12-16.
- Royal College of Physicians. [Our planet's climate and ecological emergency](#). Position Statement PS03/21, 2021. – Open Access paper
- Thoma et al. [Clinical Ecopsychology: The Mental Health Impacts and Underlying Pathways of the Climate and Environmental Crisis](#). Front Psychiatry. 2021 May 21;12:675936. – Open Access article
- Trombley et al. [Climate Change and Mental Health](#). Am J Nurs. 2017 Apr;117(4):44-52.
- Usher et al. [Eco-anxiety: How thinking about climate change-related environmental decline is affecting our mental health](#). Int J Ment Health Nurs. 2019 Dec;28(6):1233-1234. – Freely available to RSM Members
- Wathuti, Elizabeth. [Green Generation Initiative: working towards a green future](#).
- Xue et al. [Declines in mental health associated with air pollution and temperature variability in China](#). Nat Commun. 2019 May 15;10(1):2165. – Open Access article

Other Useful Resources:

Global Landscapes Forum – GLF. (24 Sept 2019) [The forest is a part of me, Elizabeth Wanjiru Wathuti, Kenya](#). – YouTube video

<https://www.rcpsych.ac.uk/improving-care/working-sustainably>

<https://www.england.nhs.uk/greenernhs/>

<https://sustainablehealthcare.org.uk/>

<https://globaloptimism.com/podcasts/>

www.lamentfortheland.ca