A MEETING ORGANISED BY THE OBSTETRICS & GYNAECOLOGY SECTION

Current concepts in urogynaecology

Friday 20 April 2018
CPD: 2 credits
Current concepts in urogynaecology
Friday 20 April 2018

The aim of the meeting is to update clinicians regarding the recent developments in the field of urogynaecology.

Objectives

- Understand the risks of pelvic floor injury at during pregnancy and delivery
- Be aware of the emerging role of the microbiome in lower urinary tract dysfunction
- Understand the current management options for women with refractory overactive bladder
- Provide a lively and interactive forum for learning, debate and discussion

6.15 pm  Registration and wine reception

7.00 pm  Welcome
Dr Dudley Robinson, President, Obstetrics & Gynaecology Section, Royal Society of Medicine

7.05 pm  Reading of the minutes
Mr Patrick O’Brien, Honorary Secretary, Obstetrics & Gynaecology Section, Royal Society of Medicine

7.10 pm  Can we prevent pelvic floor injury during pregnancy and delivery?
Professor Robert Freeman, Consultant Urogynaecologist, Derriford Hospital, Plymouth Hospitals NHS Foundation Trust

7.40 pm  The role of the microbiome in lower urinary tract dysfunction
Dr Vikram Khullar, Consultant Obstetrician and Urogynaecologist, Imperial College Healthcare NHS Trust

8.00 pm  Balloon debate: My treatment for refractory overactive bladder is best…!
Chair: Professor Linda Cardozo, Professor of Urogynaecology, King’s College Hospital NHS Foundation Trust

Drug therapy
Mr Con Kelleher, Consultant Obstetrician and Gynaecologist, Guy’s and St Thomas’ NHS Foundation Trust

Percutaneous tibial nerve stimulation
Mr Philip Tooze-Hobson, Consultant Urogynaecologist, Birmingham Women’s and Children’s NHS Foundation Trust

Botulinum toxin
Mr Arun Sahai, Consultant Urological Surgeon, Guy’s and St Thomas’ NHS Foundation Trust

Sacroneuromodulation
Mr Jeremy Ockrim, Consultant Urological Surgeon, University College London Hospitals NHS Foundation Trust

Reconstructive surgery
Mr Daniel Wood, Consultant Urological Surgeon, University College London Hospitals NHS Foundation Trust

8.50 pm  Close of meeting
Click here for the evaluation survey link, certificates will be sent by email

We would like to thank Vitabiotics for providing goody bags. We would like to thank our exhibitors Allergan LTD and LABORIE for supporting this meeting. We are grateful to Cogentix Medical, Ferring Pharmaceuticals LTD and Pierre Fabre LTD for supporting this meeting.

Please note that none of the companies listed have had any influence or involvement over the agenda, content or organisation of this meeting.

The RSM itself accepts no legal responsibility for the facts stated or opinions expressed during this meeting. It is the responsibility of any attendees to satisfy him/herself as to which part(s) of those facts/opinions should be relied on in any way whatsoever.
Upcoming events

More than one: Multiple birth and challenges of pregnancy, care and early parenting
Date: Tuesday 15 May 2018
CPD: 6 credits
More information at: www.rsm.ac.uk/events/mbk04

Dilemmas in reproductive health
Date: Friday 18 May 2018
CPD: 2 credits
More information at: www.rsm.ac.uk/events/ogk07

Gestational trophoblastic disease: Current and future horizons
Date: Friday 18 – Saturday 19 May 2018
CPD: 11 credits
More information at: www.rsm.ac.uk/events/ock03

Infectious diseases and sexual health - lsp study day and lme skills evening
Date: Tuesday 5 June 2018
CPD: Applied for
More information at: www.rsm.ac.uk/events/pdk15

Attend your next RSM meeting for free

Join the RSM today:
• Receive a free RSM meeting voucher (to the value of £75*)
• One off joining fee waived—saving up to £125
Join today quoting “DELF18”: www.rsm.ac.uk/join or visit the RSM Membership team on the third floor.

* New members only. Excludes Student and Student Associate applications. Terms and conditions apply.
Can we prevent pelvic floor injury during pregnancy and delivery?
Professor Robert Freeman, Consultant Urogynaecologist, Derriford Hospital, Plymouth NHS Foundation Trust

Biography

Professor Robert Freeman is past chairman of the British Society of Urogynaecology (BSUG) and immediate past president of the International Urogynaecology Association (IUGA). He trained in Dundee and while working there (in urology) researched the psychological aspects of overactive bladder for which he obtained his MD. As a consultant in obstetrics and gynaecology in Plymouth he set up a clinical and research urogynaecology unit which has studied clinically important issues including the prevention of postpartum stress incontinence, the complications of incontinence surgery, the reasons for failure of prolapse surgery and the effects of weight loss on urinary incontinence. The work has highlighted the importance of preventative measures such as pelvic floor muscle training. The unit is a Royal College of Obstetrics and Gynaecology (RCOG) approved centre for subspecialty training.

Professor Freeman has, with others, raised concern about the rising incidence of OASIS and helped the RCOG and RCM produce a ‘Care Bundle’ for prevention which is currently being piloted in 16 centres. Following on from this he has helped set up a new collaborative group to identify women at risk of obstetric pelvic floor dysfunction. He is a co-inventor of the Episcissors-60 which were first developed in Plymouth. He was a scientific editor for the International Urogynaecology Journal and before that for the BJOG. He helped set up the British Society of Urogynaecology as founding Secretary in 2001, and subsequently became chairman.

Robert chaired the terminology committee for IUGA and been a member of the standardisation steering committee of the ICS helping to form a collaboration between the two societies which has produced important standardisation reports on female pelvic floor dysfunction. He was elected vice-president of IUGA by its members in 2013 and became president in 2015. He helped change the management structure which has improved IUGA’s financial position. He is now in his last year on the board.
My treatment for refractory overactive bladder is best - percutaneous tibial nerve stimulation
Mr Philip Toozs-Hobson, Consultant Urogynaecologist, Birmingham Women’s and Children’s NHS Foundation Trust

Biography

Mr Philip Toozs-Hobson trained at St Mary’s Hospital Medical School. He spent over three years working for Professor Cardozo in London. His clinical interests include pelvic floor injury from childbirth, psychological aspects of incontinence and hormonal influences within urogynaecology.

Philip was treasurer of the British Society of Urogynaecology having previously chaired the training committee and sat on the RCOG (Royal College of Obstetricians and Gynaecologists) subspecialty training committee. Mr Toozs-Hobson has also been the secretary-treasurer of UKCS. His government work includes being part of the modernising scientific careers programme for the DoH and leading the NHS England clinical reference group E10 subcommittee on recurrent prolapse and incontinence. Despite being a fulltime NHS consultant he has run a successful research portfolio for over 15 years including over £5 million in grants and awards. He has published over 150 peer reviewed articles and written or edited several books. He is deputy director of meetings at the RCOG.

Key reference

• ORBIT study

My treatment for refractory overactive bladder is best - reconstructive surgery
Mr Daniel Wood, Consultant Urological Surgeon, University College London Hospitals NHS Foundation Trust

Biography

Mr Daniel Wood is a consultant urological surgeon working at University College London Hospitals and an honorary consultant at Great Ormond Street Hospital. His major interest and work is in adolescent and reconstructive urology - with an expertise in the adult, surgical aspects of bladder extrophy, cloacal extrophy, posterior urethral valves, disorders of sex development and neuropathic bladder.

Mr Wood qualified from St Bartholomew’s Medical College in 1994, did a PhD, at University College London, looking at smooth muscle physiology and completed his higher training at the Institute of Urology where he was appointed as a consultant in 2008. He maintains an active research interest, he is a senior editor of the Journal of Paediatric Urology and has been an invited speaker at many specialist meetings. Dan is Chairman of the Congenital Lifelong Urology Working Group in conjunction with the EAU and ESPU.